THE EMBODIMENTS OF THE INVENTION IN WHICH AN EXCLUSIVE PROPERTY OR PRIVILEGE IS CLAIMED ARE DEFINED AS FOLLOWS:

1. A supporting rack, comprising:

a planar surface comprising a first and a second portion;

connection means adapted to allow connection of said planar surface portions to form a unitary planar supporting surface for supporting food or food containers;

wherein said unitary planar supporting surface is adapted to be removably inserted into a cooking device, and maintained therein; and

wherein said first and second surface portions are capable of being folded about said connection means or detached from each other to reduce the overall space occupied by the rack and to facilitate handling and storage of the rack.

2. A supporting rack according to claim 1, wherein said first and second surface portions are substantially similar in size.

3. A supporting rack according to claim 1, wherein said first and second surface portions are of different sizes.

4. A supporting rack according to claim 1, wherein said supporting rack comprises a plurality of portions mutually interconnected and adapted to be mutually foldable or detachable.

5. A supporting rack according to claim 1, wherein said cooking device is a domestic or commercial cooking oven.

6. A supporting rack according to claim 1, wherein said cooking device is an outdoor grilling device.

7. A supporting rack according to claim 1, comprising an outer frame adapted to interface with supporting slots provided along inner walls of an oven cavity.

8. A supporting rack according to claim 1, comprising an outer frame adapted to interface with supporting slots provided along inner walls of a grilling device.

9. A supporting rack, comprising:

a planar surface comprising a first and a second portion;

connection means adapted to allow connection of said planar surface portions to form a unitary planar supporting surface for supporting food or food containers;

wherein said unitary planar supporting surface is adapted to support said food or food containers above another planar surface;

wherein said first and second surface portions are capable of being folded about said connection means or detached from each other to reduce the overall space occupied by the rack and to facilitate handling and storage of the rack.

10. A supporting rack according to claim 1, comprising an overall quadrilateral or rectangular shape.

11. A supporting rack according to claim 10, comprising rounded corners.

12. A supporting rack according to claim 1, comprising an overall circular or elliptical shape.

13. A supporting rack according to claim 1, comprising a plurality of mutually engaged rods.

14. A supporting rack according to claim 1, comprising a solid supporting surface.

15. A supporting rack according to claim 14, wherein said solid supporting surface includes an array of apertures to allow heat or air passage.

16. A supporting rack according to claim 1, wherein said supporting rack is formed of stainless steel.

17. A supporting rack according to claim 1, wherein said supporting rack is formed of aluminum.

18. A supporting rack according to claim 13, wherein said plurality of rods are perpendicularly-arranged.

19. A supporting rack according to claim 13, wherein said connection means comprises said plurality of mutually engaged rods being capable of separating into at least two smaller, planar portions, said at least two smaller, planar portions comprising a joint wherein the ends of said plurality of mutually engaged rods of one of said at least two smaller, planar portions are smaller in diameter than the ends of said plurality of mutually engaged rods of another one of said at least two smaller, planar portions, said smaller in diameter ends being arranged to slide into said ends of another one of said at least two smaller, planar portions, a channel passing through each of said ends of said mutually engaged rods of each of said at least two smaller, planar portions that assumes an in-line position when joined, and is secured with at least one securing pin passing through the channel.

20. A supporting rack according to claim 1, wherein said connection means comprises at least one hinge; said hinge allowing a user to fold said portions of said planar supporting surface.